## PROJECT CALENDAR (2022)

WEEK OVERVIEW Goal(s)	DATES week beginning	Monday Activities/Lessons Assessments/ Deliverables	Tuesday Activities/Lessons Assessments/ Deliverables	Wednesday Activities/Lessons Assessments/ Deliverables	Thursday Activities/Lessons Assessments/ Deliverables	Friday Activities/Lessons Assessments/ Deliverables
Define Superheroes  Practice breathing	Week 1 8/29-8/3 0	Launch superhero project: Teachers go into each room wearing capes and masks.  What do superheroes do?  Draw a superpet	What makes a superhero  Kid President Video  Superhero portrait directed draw	Would you rather game Superhero Dance Cross the turf	Even superheroes have bad days  Discuss  Even Superheroes have bad days	Ten Rules of Being a Superhero  Weekly Reflection- What makes a superhero  Positive self talk part 1
Choose superpower  Practice self-affirmations	Week 2 9/6-9/9	Strategy 1  Positive Self Talk pt 2	Strategy 2 Exercise	Strategy 3 Coloring	Strategy 4  Deep Breathing  Calming Strategies  Rating Chart	Strategy 5 Sensory Items (make a glitter jar) Weekly Reflection- The self-regulation strategy I liked the most
Coloring book draft Practice stretching	Week 3 9/12-9/16	stretching	Coloring book have students make designs or shapes with their bubbled letters of their superpower	Glitter jar	Glitter jar	Coloring book have students make designs or shapes with their bubbled letters of their superpower
Interview kinder Glitter jar	Week 4 9/19-9/2 3	Kindergarten interviews	Coloring book have students make designs or shapes with their bubbled letters of their superpower	Begin gathering material for pillow kits		Kindergarten interviews
Practice sewing Talk to teachers/ kit orders	Week 5 9/26-9/3 0	sewing	sewing	Teacher interviews  Send out google form	Expert comes in to show students how to sew with machine	
Sewing and decorating pillows	Week 7 10/11-10/1 4		<ul> <li>Finalize the comic books</li> <li>Puffy paint word of affirmation on pillow</li> </ul>	<ul> <li>Finalize the comic books</li> <li>Critique design</li> <li>Sharpie/fabric marker symbol on felt</li> </ul>	<ul> <li>Sharpie/fabric marker symbol on felt</li> <li>Finalize the comic books</li> <li>Finalize sewing pillow</li> </ul>	<ul> <li>Weekly Reflection</li> <li>Sharpie/fabric marker symbol on felt</li> <li>Finalize the comic books</li> </ul>
Puffy Paint Capes	Week 8 10/17-10/ 21	<ul> <li>Sharpie names on Capes</li> <li>Measure &amp; cut capes</li> <li>Write name in sharpie</li> <li>Finalize comic</li> </ul>	<ul> <li>Puffy paint name</li> <li>Finalize comic</li> </ul>	<ul> <li>Puffy paint name have students decorate capes</li> <li>Finalize comic</li> </ul>	<ul> <li>All capes must be finished with decor</li> <li>Finalize all pillows and coloring books</li> </ul>	Have all kits     ready to go to     pass out     monday

Pass out kits	Week 10 10/31-11/ 4	Pass out calming kits Wear capes		Practice for Exhibition	Practice for Exhibition	Practice for Exhibition
End of art Interviewing classes	Week 12 11/14-11/1 8		Interview classes How did they enjoy the calming kits kinder - 2nd	Interview classes How did they enjoy the calming kits third-fourth	Interview classes How did they enjoy the calming kits Fifth graders	
Exhibition	Week 16 12/12-12/ 16			Exhibition Day!		